

FOR IMMEDIATE RELEASE

February 9, 2023

Steven Cabral: Ineffable Patterns

March 17, 2023 - April 16, 2023

Opening Reception: Saturday, March 18, 2023, 6-8pm

Gallery Hours: Tuesday - Sunday, 11am-5pm

LAKE WORTH BEACH, FL — mtn space gallery is pleased to present *Steven Cabral: Ineffable Patterns*, opening on March 17, 2023.



Left: Steven Cabral, *Ineffable Patterns #21*, 2022, acrylic, flashe, marker, and crayon on canvas, 70 x 72 inches
Right: Steven Cabral, *Ineffable Patterns #10*, 2021, acrylic, crayon, gesso, and flashe on canvas, 34 x 34 inches

Ineffable Patterns celebrates the eponymous new painting series by Boston-based artist Steven Cabral. Through the series, Cabral explored patterns that cannot be described or expressed, thereby encouraging his viewers to consider the limitations of language — both verbal and nonverbal — and question how we try to understand our exterior and interior worlds.

Created between 2020-3 after Cabral suffered a personal loss, the series allowed the artist to process his grief while attempting to create and access a world that had become inaccessible. The patterns, hues, and spaces are responses to triggers within memories and an attempt toward a more resolved understanding of his past. *Ineffable Patterns* points to the impossibility of this task: the ultimate inability to access the space behind the surface, the fickle nature of memory, and the hard lessons learned about the fleeting timeline of existence.

Steven Cabral is a Boston-based painter, whose work has been shown throughout the Northeast. Cabral holds a BFA in painting from Massachusetts College of Art and Design and an MFA from Lesley University College of Art and Design. He currently lives and works in Somerville, MA.

For further images or information, please contact Tina at tina@mtnspace.com.